

RONALD McDONALD ROOM DESIGN BY:

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CHROMATHERAPY is defined as a treatment that uses the effect of color and light to bring about physical and other changes. A scientifically proven technique, chromatherapy is not merely a decorative element. Rather, it has a direct effect on one's physical and psychological condition. As a powerful way to achieve balance and harmony, color, through its vibrations, can calm, energize, or focus your thoughts.

AROMATHERAPY is the practice of using the natural oils extracted from flowers, bark, stems, leaves, roots or other parts of a plant to enhance psychological and physical well-being. The inhaled aroma from these "essential" oils is widely believed to stimulate brain function. Essential oils can also be absorbed through the skin, where they travel through the bloodstream and can promote whole-body healing.

RED

contains unlimited energy, vitality, and power. Red releases adrenaline to stimulate mental and physical energy.

PINK

is the energy of unconditional love, opening your heart and helping to heal heart problems. Pink releases emotional challenges and brings tranquility.

ORANGE

helps to heal digestive ailments as well as chest and kidney disorders. It also assists with the treatment of asthma, fear, loneliness, colds, and depression.

CORAL

restores physical vitality with its grounding properties, releasing stress, worry, and anxiety. Coral will help heal a broken heart.

YELLOW

assists with purification. As the color of intellect and mental stimulation, yellow can help you think more quickly and clearly.

GREEN

revitalizes your nervous system, heart, circulatory system, and liver. Green stimulates the growth of broken bones. Surround anyone who is unwell with Green.

AQUA

creates a state of serenity, tranquility, and peace. Calm your nervous system and soothe your mind by immersing yourself with Aqua rays of light.

WHITE

heals your body as a whole, clearing toxicity and assisting with purification. White enhances clarity and brings peace.



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